

SUMMER 2018 EDITION 1

## DEMENTIA FRIENDS INFORMATION LEAFLET

# WELCOME TO THE FIRST EDITION OF THE VALLEYS MEDICAL PARTNERSHIP DEMENTIA FRIENDS INFORMATION LEAFLET

About this leaflet ....

The Valleys Medical Partnership Patients' Participation Group have produced this leaflet to provide sources of information about dementia and the help available to people with dementia and to their carers

## LOCAL DEMENTIA FRIENDLY SERVICES

The Patients' Participation Group (PPG) is beginning to collect information about local services which are dementia friendly.

This is obviously an ongoing exercise as more information is gathered and as, hopefully, more services and providers recognise the importance of responding as sensitively and appropriately to the needs of people with dementia.

The PPG is currently researching to ascertain whether any local supermarkets have dementia friendly checkouts available for use by those living with dementia, as this facility would be a major help to them and their carers.

The same research is being carried out in respect of other services and results will be published in future editions of this leaflet.

#### FIND SUPPORT NEAR YOU

#### Dementia Café Sheffield Meersbrook Park

Service provided by: Alzheimer's Society

Meersbrook Park United Reformed Church, 173 Chesterfield Road, Sheffield S8 ORP



01246 592010 (For opening times please contact the service provider)



derbyshiredementia.service@makingspace.co.uk

Come and chat to people who have been affected by dementia in a friendly and relaxed, social environment at our dementia café. You can chat and share your experiences about your diagnosis of dementia and what that means to you with others and health professionals. Dementia cafés provide useful information in a structured and relaxed setting that gives the opportunity for people with dementia, families and carers to ask questions to the health professionals and

#### **FIND SUPPORT NEAR YOU**

#### **Dronfield Activity Group**

Service provided by: Making space—Derbyshire

Civic Hall, Dronfield Civic Centre, Dronfield S18 1PD



01246 592010 (For opening times please contact the service provider)



derbyshiredementia.service@makingspace.co.uk

Activity Groups are for people with dementia to engage in activities and reminiscence, gain information about local services and to gain support from their peers and those who provide their care.

#### **Dronfield Musical Memories**

Service provided by: Making space—Derbyshire

Civic Hall, Dronfield Civic Centre, Dronfield S18 1PD



01246 592010 (For opening times please contact the service provider)



derbyshiredementia.service@makingspace.co.uk

Memory sessions provide a fun and interactive environment to engage in music reminiscence, through singing and live music from years gone by

#### FIND SUPPORT NEAR YOU

### **Dementia Café Sheffield Beighton Welfare**

Service provided by: Alzheimer's Society

52A High Street, Beighton, Sheffield S20 1EA



0114 276 8414 (Office opening times: Monday-Friday, 09:00-17:00)



sheffield-enquiries@alzheimers.org.uk

### **Staveley Activity Group**

Service provided by: Making space—Derbyshire

The Staveley Centre, Calver Crescent, Staveley, Chesterfield S43 3LY



01246 592010 (Office opening times: Monday-Friday, 09:00-17:00)



 $der by shire dementia. service @\,making space.co.uk$ 

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### **NATIONAL SUPPORT**

## **National Dementia Helpline**

Service provided by: Alzheimer's Society



#### 0300 222 1122

(Monday, 09:00–20:00; Tuesday, 09:00–20:00; Wednesday, 09:00–20:00; Thursday, 09:00–17:00; Friday, 09:00–17:00; Saturday,



Helpline@alzheimers.org.uk

If you or someone you care about have concerns about dementia, the Alzheimer's Society National Dementia Helpline can provide information, advice and support. You can speak to a trained Helpline Adviser and calls to the helpline are confidential. Calls to the helpline cost no more than the national call rate and must also count towards any inclusive minutes in a phone contract. This rule applies to calls from any type of line including mobile, BT, other fixed line or payphone

### **Talking Point**

Service provided by: Alzheimer's Society



forum.alzheimers.org.uk

Talking Point is the Alzheimer's Society's online support community for people with dementia, carers, family and friends to discuss all aspects of dementia. It's open 24-7, and is a safe place to ask questions, share your experiences and receive advice and support.

## **USEFUL LOCAL CONTACTS**

ORGANISATION	CONTACT TELEPHONE NUMBER
Age UK Derby & Derbyshire	01773 768240
Alzheimer's Society	0114 276 8414
British Red Cross Dementia Respite Support Service	01773 718798
British Red Cross Medical Loans	01246 470571
Continence Service	01773 546868
Dementia Action Alliance East Midlands Yorkshire & Humber	01522 692681 0114 250 3921
<b>Derbyshire Carers' Association</b>	01773 743335
<b>Derbyshire Social Services</b>	01629 533190
<b>Dronfield Parish Council</b>	01246 418573
Eckington Parish Council	clerk@eckington-pc.gov.uk Mrs Rosalind Bullimore 07715 668815
<b>Gosforth Valley Medical Practice</b>	01246 419040
Moss Valley Medical Practice	01246 439101
North East Derbyshire Council	01246 231111